

Info P'tit Bonheur



Fall Edition 2022

Fall schedule P'TIT BONHEUR
TUESDAY-WEDNESDAY-THURSDAY-FRIDAY

8:30AM – 4:30PM

Reminder on the safety tips to adopt for Halloween with our little ones

Costume :	Choose colorful and bright clothing Opt for makeup instead of a mask
Trick-or-treating	Wait outside the houses Ring the doorbell accompanied by an adult or a friend
Road safety	Have a flashlight with you to stay visible Walk one side of the street at a time Walk on the edge of the street or on the sidewalk facing the vehicles Avoid crossing the road if it's not necessary Cross at intersections and look both ways
Vigilance	<p>Do not approach motorists/vehicles and do not get in the car without the permission of your parent.s Check the candies received with your parent.s</p> <div data-bbox="865 1091 1511 1689" data-label="Image"> </div> <p>SAAQ, 2021</p>

P'tit Bonheur services

Being a parent is wonderful and terrifying at the same time. At Le P'tit Bonheur, we want to make this reality as pleasant and happy as possible. We offer families of children from 0 to 6 years old different services to support them in this great adventure.

- Respite care for children from birth to six months or more depending on the situation.
- Psychological support and technical advice (through friendly calls and/or home visits).
- Rental of safe equipment for babies and children as well as loan or donation of educational toys.
- Help with clothing for babies and children, help with food (pre-selected), milk, diapers and hygiene products: on individual request.
- Accompaniment-transportation services: for medical and/or social visits during referral.

These services are offered to families living on the territory of Saint-Siméon in Port-Daniel inclusively.

Second-hand smoke **MYTHS AND REALITY**

YES...Children's lungs are not fully formed until adolescence, which is why exposure to second-hand smoke can be particularly risky

DOES NOT evacuate second-hand smoke.

YES... Smoking in a room or in a vehicle even without the presence of children can harm their health.

Naître et grandir, 2021

NO... air fresheners and air filters do not eliminate all the toxins found in cigarette smoke.

PUMPKIN DECORATION IDEAS



Parent support service 0-6 years, Le P'tit Bonheur

Jolianne Desbois et
Céline Fourcaudot,
intervenor at Le P'tit Bonheur



**CENTRE D'ACTION
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