



THE P'TIT BONHEUR

PARENTAL SUPPORT SERVICE

for parents of children from 0 to 6 yrs



FOR A NATURAL AND HARMONIOUS
PARENTHOOD EXPERIENCE



CENTRE D'ACTION
BÉNÉVOLE
SAINT-SIMEON • PORT-DANIEL

our services

The main purpose of this service is to allow for parents to experience their parenthood in a natural and harmonious way while maintaining a good physical and mental health.

SUPPORT, LISTENING, COUNSELING AND RESPITE care

- Welcoming, referral
- Home visits
- Individual accompaniment
- Pairing family/volunteer for infants 0-12 months

RENTAL/LOAN OF EQUIPMENT FOR BABIES

- Children car seats, cribs, portable playpens, etc.
- Verification/installation accredited by CAA Québec
- Breastfeeding support equipment

ACCOMPANIMENT-TRANSPORTATION

- Medical/social appointments with referral
- Prenatal-postnatal follow-ups, immunization

TEMPORARY ASSISTANCE

- Diapers, milk, hygiene products, etc.
- Clothing 0-6 yrs and maternity

Our volunteers are essential for all of the P'tit Bonheur services.

THANK YOU FROM THE BOTTOM OF OUR HEARTS!

You would like to become one of them?

CONTACT US!



TO CONTACT US

CENTRE D'ACTION BÉNÉVOLE SAINT-SIMÉON/PORT-DANIEL
176 boul. Gérard-D.-Levesque Ouest, Paspébiac (Québec) G0C 2K0
..... **418 752-5577**

Email : ptitbonheur@cabst-simeon-port-daniel.com

 [cab.saint.simeon.port.daniel.com](https://www.facebook.com/cab.saint.simeon.port.daniel.com)

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Public Health
Agency of Canada

Agence de la santé
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[CABST-SIMEON-PORT-DANIEL.COM](https://www.cabst-simeon-port-daniel.com)